



Year 2 Expectations in PE

Games Activities

Most pupils will be able to:	Pupils who need more help	Pupils exceeding the expectation
show awareness of opponents and team-mates when playing games		
perform basic skills of rolling, striking and kicking with more confidence		
apply these skills in a variety of simple games		
make choices about appropriate targets, space and equipment		
use a variety of simple tactics		
describe how their bodies work and feel when playing games		
work well with a partner and in a small group to improve their skills		



Outdoor and Adventurous Activities

Most pupils will be able to:	Pupils who need more help	Pupils exceeding the expectation
identify where they are by using simple plans and diagrams of familiar environments		
use simple plans and diagrams to help them follow a short trail and go from one place to another		
respond to a challenge or problem they are set		
begin to work and behave safely		
work increasingly cooperatively with others, discussing how to follow trails and solve problems		
recognise that different tasks make their body work in different ways		



comment on how they went about tackling tasks		
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Dance Activities

Most pupils will be able to:	Pupils who need more help	Pupils exceeding the expectation
perform body actions with control and coordination		
choose movements with different dynamic qualities to make a dance phrase that expresses an idea, mood or feeling		
link actions		
remember and repeat dance phrases		
perform short dances, showing an understanding of expressive qualities		
describe the mood, feelings and expressive qualities of dance		
describe how dancing affects their body		



know why it is important to be active		
suggest ways they could improve their work		

Gymnastic activities

Most pupils will be able to:	Pupils who need more help	Pupils exceeding the expectation
plan and repeat simple sequences of actions		
show contrasts in shape		
perform the basic gymnastic actions with coordination, control and variety		
recognise and describe how they feel after exercise		



describe what their bodies feel like during gymnastic activity		
describe what they and others have done		
say why they think gymnastic actions are being performed well		

Athletic activities

Most pupils will be able to:	Pupils who need more help	Pupils exceeding the expectation
run at fast, medium and slow speeds, changing speed and direction		
link running and jumping activities with some fluency, control and consistency		
make up and repeat a short sequence of linked jumps		



take part in a relay activity, remembering when to run and what to do		
throw a variety of objects, changing their action for accuracy and distance		
recognize when their heart rate, temperature and breathing rate have changed		

Swimming activities and water safety

Most pupils will be able to:	Pupils who need more help	Pupils exceeding the expectation
swim between 10 and 20 metres unaided in shallow water, using their arms and legs to propel themselves		
use one basic method to swim the distance, making sure that they breathe		
using floats, swim over longer distances and periods of time with a more controlled leg kick		



join in all swimming activities confidently		
explore freely how to move in and under water		
recognise how the water affects their temperature		
recognise how their swimming affects their breathing		
identify and describe the differences between different leg and arm actions		